

Read of the Week

Sweet
Sam Linsell
Struik Lifestyle
 Review: Brian Joss



Sam Linsell is the author of *drizzleanddip.com*, one of the top ranked food blogs in South Africa, and for her self-published *Drizzle and Dip* in 2012.

Her second book, subtitled *Delectable Vanilla, Caramel, Chocolate and Fruit Treats*, is in a word – decadent – and not only the recipes. The pictures taken by Linsell are mouth-watering.

There's an adult take on some favourite childhood offerings: vanilla and Baileys French toast bake and chocolate waffles with Bourbon butterscotch sauce.

The chapters in the book are headed: Vanilla, Caramel, Chocolate, Fruit and More Sweet.

To give you a taste, the vanilla snickers bundt cake takes the ordinary sponge cake to another level while the sbrisolona (crumb cake) is more of a rough biscuit and you can enjoy it with a glass or two of grappa.

You will find recipes for fudge, sticky toffee date pudding, baked cheesecake with salted caramel sauce, churros with Baileys chocolate sauce and lots more, as well as for cup cakes and for traditional koeksisters given to Linsell by her food mentor and chef, Michael Olivier. The secret is to keep the syrup really cold.

You can make granadilla curd which is better than allowing them to rot on the ground, especially in season when the vines are overflowing.

Drinks include Pimm's popsicles and a mint julep granita, to name two. A treat is the ginger miso ice cream and the miso gives it a butterscotch flavour. There are conversion tables, including for ingredients and a comprehensive index.

To borrow a phrase from the banking ad: It will feel "like fairies are dancing on your tongue" after indulging in some of the sweet treats.



■ The Cape Town-based group, **TheCITY**, will launch their self-titled EP at Imperial, 31 Longmarket Street, on Friday April 24, at 9pm. Describing their sound as "future Afro" – a fusion of hip hop, jazz, electronica and pop – the group, pictured, is made up of Clement Carr, Bonj Mpanza, Ryan McArthur and Ruby Crowe. Tickets cost R60 and includes a free copy of the EP. For more information, visit www.facebook.com/TheCITYsa



■ Tomorrow, Friday April 24, at 6.30pm, the Jazz Rendez-vous event at Alliance Française du Cap, 155 Long Street, will feature vocalist Simangele Mashazi, pictured, performing alongside pianist Ramon Alexander and bassist Chadleigh Gowar. Tickets cost R60 and can be booked by calling 021 423 5699 or emailing culture.cpt@alliance.org.za



■ A play called *Spiritrials* will be staged at the Alexander Upstairs Theatre, 76 Strand Street, on Friday May 1 and Saturday May 2, at 7pm. In *Spiritrials*, addiction, religion, and the law intersect in a government-funded drug rehabilitation programme. The play, which blends hip-hop and dramatic performance, is an exploration of the American criminal justice system. In the production, Dahlak Brathwaite, pictured, weaves through the autobiographical and the fictional, music and monologue, to examine his place in what appears to be a cultural rite of passage for Black Americans. Tickets cost R90 or R80 if booked online at shows.alexanderbar.co.za For more information, call 021 300 1652 or follow the Twitter handle @AlexanderBarCT



■ Louis Viljoen's multiple award-winning play, *The Pervert Laura*, will be staged at the Fugard Theatre, Corner Caledon and Lower Buitenkant Street, District Six, from Wednesday May 6 to Saturday May 23. Billed as an unsettling and dark psycho-drama, the production won playwright Louis Viljoen the Rosalie van der Gucht Prize for Best New Director and also saw Emily Child (pictured with Guy de Lancey) win this year's Fleur du Cap Ward for Best Lead Actress award. The play follows 30-year-old Laura through a week in her life. In conversations with her therapist, an attempt at an affair in a seedy hotel room, and through arguments with her family, Laura reveals herself to be a woman on the road to absolute self-annihilation. As secrets are unearthed and accusations are made and relationships are shattered, the true source of Laura's decision to veer from the path society chose for her becomes clear. As the play contains explicit language, nudity and scenes of a sexual nature, no under-18s are allowed. Tickets cost R130 and can be booked through Computicket or by calling 021 461 4554.



■ The production *Amaza* will be staged at the Artscape as part of the theatre's educational youth development programme. Now in its sixth consecutive season, the Thokozile Ntshinga-directed production is aimed at Grade 12 Xhosa pupils. Made up of 17 cast members, the play is a thriller set in a rural village in the Transkei. A police detective stationed in Port Elizabeth is investigating a private, personal matter. This case takes him back to the village where he, and the woman he married, came from. His visit there coincides with the double funeral of a couple mysteriously murdered in Johannesburg. Performances are daily at 10.30am and 2pm and the show will run until Thursday May 28. Tickets cost R40 and can be booked through Computicket or by calling Sedrico Husselman, Artscape's school liaison unit manager, at 021 410 9927 or by emailing him at sluproj@artscape.co.za

What's On

Hike

The Meridian Hiking Club will be climbing Lion's Head on Freedom Day, Monday April 27. For details call Sam on 082 498 0361.

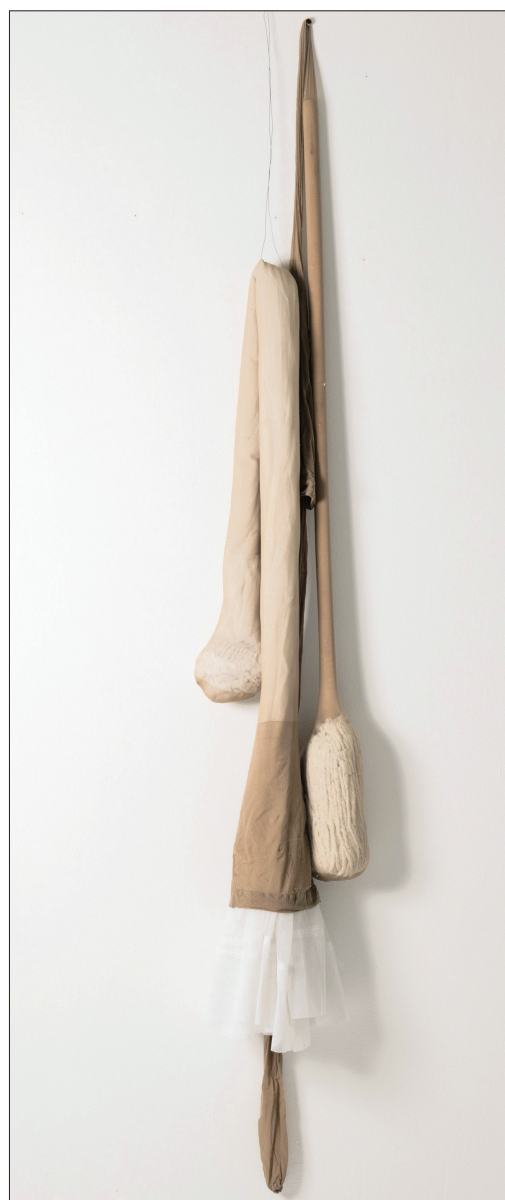
Fellowship applications

The deadline for Grade 12 pupils to apply for the Allan Gray Orbis Foundation Fellowship is on Thursday April 30. The fellowship provides applicants who show potential in entrepreneurial talent with an opportunity to develop as entrepreneurs. For more information, or to download application forms, visit www.allangrayorbis.org

Sudoku solution

Level: Medium; puzzle on page 8

4	2	8	5	1	3	9	7	6
7	3	9	6	4	2	1	5	8
6	1	5	8	7	9	2	4	3
3	7	6	2	9	4	8	1	5
8	4	1	7	3	5	6	9	2
5	9	2	1	8	6	7	3	4
1	6	7	4	5	8	3	2	9
2	5	3	9	6	1	4	8	7
9	8	4	3	2	7	5	6	1



■ The exhibition *Buikspreek/Gutspeak* by artist Dominique Edwards, will run at Commune 1 gallery, 64 Wale Street, from today, Thursday April 23, to Wednesday May 20. In *Buikspreek/Gutspeak*, which is by definition ventriloquism, Edwards explores the spaces between two "languages": the gut brain and the thinking brain – both of which are of the body yet respond to different sensory inputs and have different feedback mechanisms. The exhibition is executed using a range of both traditional and unconventional materials, such as pulped mops and tumble drier lint transformed into hand-made paper. Gallery hours are Tuesdays to Fridays, 10am to 5pm, and Saturdays, 10am to 2pm. For more information call 021 423 5600 or email info@commune1.com or visit www.commune1.com



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Fri 24 - Wed 29 April

SAINT LAURENT (Subs 16NSDL) Daily 2.30, 8.15pm (no 2.30pm Sun; no 8.15pm Wed)

ENEMY (16SNL) Daily 12.15, 2.15, 4.15, 6.15, 8.15pm

THE SECOND BEST EXOTIC MARIGOLD HOTEL (7.9FC) Daily 12.15, 6.00pm (no 6.00pm Fri)

INHERENT VICE (18DUNSV) Daily 2.30, 8.30pm (no 8.30pm Wed)

STILL ALICE (10-12PGL) Daily 11.30am-1.00pm (no 1.00pm Mon)

THEORY OF EVERYTHING (7.9FC) Daily 8.30pm (except Sun)

BIRDMAN (16SLV) Daily 1.45, 6.15pm

THE IMITATION GAME (16SLV)